

# Morata

**LITERACY** **READING**

**PSYCHOLOGY**

**COUPLE THERAPY**  
**+50 YEARS OLD**

**TEENS-ADOLESCENTS**  
**ABUSES** **RELATIONSHIP**  
**GENDER** **FAMILY THERAPY**

# INDEX

## LITERACY, READING

### Reading What for?

Encourage reading in young people and adolescents

By Paulo Cosín Fernández ..... 5

### Sociology and literature

Two observatories of social life

Readings by a sociologist

By Fernando Álvarez-Uría ..... 6

### The True History of FolkTales

By Blanca Álvarez González ..... 7

## PSYCHOLOGY. COUPLE THERAPY

### Couple therapy and infidelity

A model of relational diagnosis and therapeutic intervention

from the systemic perspective

By Carmen Campo, Marta Ramo ..... 9

### Reconstituted families in a global world

New bonds that challenge the myth of blood ties

By Corina Ahlers ..... 10

### Intercultural couples

By Juan Luis Linares, Teresa Moratalla, Ana Pérez ..... 11

## PSYCHOLOGY. RELATIONSHIP

### Psychology of Power

By Pablo Población ..... 13

## PSYCHOLOGY. GENDER

### **The patriarchal symptom**

Essay on psychotherapy with women from a gender perspective

By Erika Adánez ..... 15

## PSYCHOLOGY. FAMILY THERAPY

### **The Therapist's Family of Origin in Session**

Moving Between Families

By M<sup>a</sup> Carmen Casas García ..... 18

### **Third-order family therapy**

From indignant love to solidarity dialogue

By Raúl Medina Centeno ..... 19

## PSYCHOLOGY. TEENS-ADOLESCENTS

### **Adolescents in the XXI century**

Between impotence, resilience and power

By Robert Pereira Tercero (Comp.) ..... 21

## PSYCHOLOGY. ABUSES

### **The jungle of abuse**

One-way roads, return trails

By Ricardo Ramos ..... 23

## PSYCHOLOGY. +50 YEARS OLD

### **Growing old wisely**

By Noemí Tovar ..... 25

**LITERACY, READING**

---

## Reading What for?

Encourage reading in young people and adolescents

By Paulo Cosín Fernández

**R**EADING WHAT FOR? What is it that encourages us, drives us, mobilizes us, and shakes us to open a book, anyone? One who speaks to us as if he were waiting for us?

Reading is an exclusive capacity of human beings, it is a good, a virtue that opens us to entertainment and evasion, to knowledge and reflection, but above all, and beyond pleasure, to a dialogue with which we will find the reason for our existence.

If, as Gert Biesta says, “to educate is to engage the other being concerned of his existence as an adult subject in the world”, we have in front of us the great challenge and responsibility of explaining to our young people the advantages of this wonderful tool, sure in that way they can find their role in society. As adults involved – at any level – in education, we also have the duty to reach a social pact for reading.

In this book we will find reflections, yes, but also proposals and references to engage with young people in a way they will be concerned to read. For instance, all the arts offer us a wide range of possibilities for expression.

In the words of the pedagogue Loris Malaguzzi, “the child has a hundred languages and we steal ninety-nine”. We must give them back to them.

## Let’s show them WHAT TO READ FOR!



### Paulo Cosín

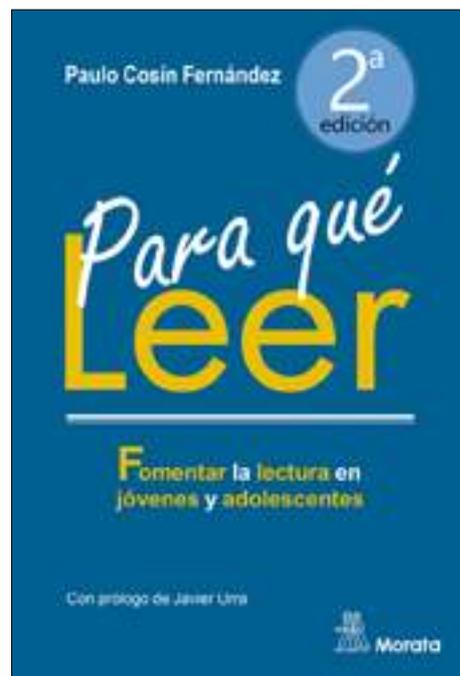
Is the Ediciones Morata publisher since 2005, he acquired this publishing house in 2016 as a vocational and personal commitment to guarantee its continuity.

His professional experience in the sector began in the SM group as head of marketing for school publications, and later at Oxford University Press, where he was in charge of the marketing work of Children’s and Youth Literature in association with Planeta group.

He is currently a member of the Spanish Publishers Federation Board (FGEE) and he is Vice-president of the Madrid Publishers Association (AEM), there he coordinates the Small Publishers Commission.

He is also member in the Madrid Book Fair board and the international book fair LIBER. As a promoter of the Ediciones Morata catalogue, he regularly attends the most important international book fairs, such as those in Guadalajara (Mexico), Buenos Aires, Bogotá, Frankfurt or London, to meet with readers who follow his publications specialized in Education, Psychology, Sociology, Gender and Social Justice.

He firmly believes in the collaborative work of the entire book sector, in the value of every element of the chain, from creation to reader, and is a firmly defender of bibliodiversity. He considers the promotion of reading the foundations of our democratic society, and he understands that it is urgent to implement it and enhance it in young people and adolescents as the best legacy we can offer them.



978-84-18381-92-8

July 2022

160 pages

15 x 22 cm

Softcover with flaps

Topics

Literacy

Improvement of reading



## Sociology and literature

### Two observatories of social life Readings by a sociologist

By **Fernando Álvarez-Uría**

**A**s Professor Luis Mancha reminds us in the prologue of this book, the sociologist Pierre Bourdieu posed the following question in *The Rules of Art*: Will we let the social sciences reduce the literary experience, the highest that man can know along with love, to mere surveys referring to our leisures, when it comes to the meaning of our life? For Fernando Álvarez-Uría every writer, like the rest of the mortals, lives inside social conditions that he has not chosen, that have been given to him, inside which he tries to develop his own freedom as a writer.

By affirming that it is only possible to exist within social worlds, it is not intended to deny the creative capacity of artists and writers, nor to question their own style, or the uniqueness of their art, but rather to assume an undeniable but often forgotten social fact: literature is rooted in history. This book is an invitation to travel in the company of great novelists and sociologists through Garibaldi's Sicily, through the Russia of the Tsars, through Victorian London, Freud's Vienna, Spain in the Civil War...

Throughout the different chapters, social problems such as the national question, the formation of a secular and solidary ethic, the resistance against the precariousness of wage labor, the link between feminism and the fight against violence, in short, the total institutions, are addressed. From the fruitful interaction between the literary field and sociological codes arises the proposal to promote a close collaboration between sociologists and writers to try to diagnose the present time.

978-84-18381-08-9

September 2020

406 pages

15 x 22 cm

Softcover with flaps

Topic

Sociology

### Fernando Álvarez-Uría

PhD in Sociology from the University of Paris VIII and Professor of Sociology in the Department of Sociology IV of the Complutense University of Madrid. He was a founding partner and member of the editorial board of the *Revista Archipiélago. Cuadernos de crítica de la cultura*, where he coordinated several monographic issues. He has been a Visiting Professor at Goldsmiths' College, University of London and at the *Maison des Sciences de l'Homme (MSH)* in Paris. He has given courses and lectures at numerous Spanish and foreign universities. His main research is focused on historical sociology, sociological theory, the sociology of knowledge, and the sociology of resocialization institutions. He is the author of numerous books and articles, as well as translations and editions of books. Among his publications, *Miserables* and *Crazy* stands out. *Mental medicine and social order in nineteenth-century Spain* (1983), as well as some books published in collaboration with Julia Varela, such as *Las redes de la psicología* (1994), *Sujetos frágiles* (1989), *Arqueología de la escuela* (1991), *Genealogía y sociología. Materials to rethink Modernity* (1997) and more recently *Materials of sociology of art* (2008).



## The True History of FolkTales

By Blanca Álvarez González

**T**he True Story of Folktales is a rigorous and well-documented work on the characters (heroes, heroines, traitors and other secondary characters), symbolism and function of the tales. Depending on the origin of the tales, the characters and the story itself will have different symbolisms. But all stories, especially those that come to us through oral tradition, are marked by the social circumstances of the moment, by the needs that drive the collective to put into words, warnings, anguish, traditions... When they are written down, the cultured, official and privileged way, myths are used that symbolize and strongly fix in the minds of children and young people what their authors wanted to reflect. Without knowing this "necessary" origin, the understanding of the story loses so much of its dramatic charge, becoming, to say the least, incomprehensible, ridiculous in other cases, excessive and cruel in almost all.

Of all the studies carried out on the well-known, read, distorted and sweetened tales, little more than a few social anthropological annotations on the world in which these stories were created have been published. Perhaps because of this lack of knowledge, or simple forgetfulness, it is so difficult to understand some of their keys; perhaps for this reason, the interpretation that has been made of them does not obey the reality of their time, but rather the desire for our own reality. That is to say, we look at them from a time, ours, which has finally granted rights to children. For all these reasons, today, perhaps more than in other historical moments, it is more urgent than ever to recover a different reading of our immense oral tradition. It is important to know what they wanted to tell and why: The Pied Piper of Hamelin, Sleeping Beauty Tom Thumb, Little Red Riding Hood, Cinderella, Bluebeard, The Little Mermaid, Snow White, Hansel and Gretel, ... Art never thrives on innocence, no matter how much it pretends to show it. But children are often implacable judges. We show them a perfect scenario, we pretend our characters, and we impose our voice and phrases. But they perceive that slight fissure between the stage and the stage machinery that can crumble the illusion of the staged play. That same fissure through which literary stories written with respect for the little ones penetrate, something that is equivalent to not considering them neither stupid nor easily manipulated.

Blanca Álvarez offers us an original and stimulating project that brings new perspectives to the study of those stories that, generation after generation, teach us how to live.



978-84-7112-642-9

May 2011

208 pages

17 x 24 cm

Softcover

### Topics

Reading

Writing

Communication

### Blanca Álvarez

Graduate in Spanish Philology, journalist, graduate in social work, writer and essayist. She has been awarded, among others, the Cálamo International Poetry Prize, Apelles Mestres Prize, Ala Delta, Criticism in Asturias, best book in the Basque Country, Wite Raben.

In 2011 she won the Anay Prize for Children's and Young People's Literature for her work *Aún te quedan ratones por cazar* [*You still have mice to catch*]. In it, through the eyes of a child, he recounts the horrors of war.

**PSYCHOLOGY. COUPLE THERAPY**

---

## Couple therapy and infidelity

### A model of relational diagnosis and therapeutic intervention from the systemic perspective

By **Carmen Campo, Marta Ramo**

**T**his book is the result of the experience of working for a long time with couples who presented difficulties, and the need to share it especially with those who, budding therapists, feel fascinated and at the same time restless in the face of the challenge of performing couples therapy.

We are aware of the challenge that this means, because if there is something that characterizes therapeutic work, it is largely its creative character so linked to the style of the therapist. However, aware from our own experience of the difficulties involved in working with couples, we think it may be useful to share the common thread, which we have been developing in a systematized way, as a way to streamline and facilitate therapeutic work. Common thread that will progressively remain in the background, as the therapist's experience progresses and consolidates in his own personal style.



#### Carmen Campo

Psychologist specialized in Clinical Psychology, by the University of Barcelona. Currently, facultative emeritus, she has exercised her entire professional career as a Consultant specialist in Psychology, of the Psychiatry Service of the Hospital de Sant Pau in Barcelona. Co-founder in 1986 of the Sant Pau School of Family Therapy, she has developed her dedication to teaching as a clinical supervisor and professor of the

Master of Family Therapy at the Autonomous University of Barcelona. Currently giving seminars in different universities. Specialist in Couples Therapy has developed its own model for its application in the approach to conjugal conflicts with and without associated pathology, as well as for the therapeutic approach to infidelity.



#### Marta Ramo

Master in Systemic Family Therapy (UAB) and Master in Systemic Coaching (UAB). Accredited as a therapist by the SCTF and featf, she is currently a member of the Board of Directors of the Societat Catalana de Teràpia Familiar.

Specialist in couples therapy and infidelity, she teaches seminars of this discipline in the Master of Family Therapy of the School of Family Therapy Sant Pau.

She develops his professional activity in the private practice accompanying couples in the approach and resolution of their marital conflicts, and in the problems associated with the exercise of parenthood. She is also a specialist in the non-litigation management of marital separation processes

m.ramocampo@gmail.com



978-84-19287-05-2

May 2022

318 pages

17 x 24 cm

Softcover with flaps

#### Topic

Couple Therapy

#### Collection

Iberoamerican Family Therapy



978-84-18381-49-2

May 2021

184 pages

17 x 24 cm

Softcover with flaps

**Topics**

Family and Couple Therapy

Individual Therapy

**Collection**

Iberoamerican Family Therapy

## Reconstituted families in a global world

### New bonds that challenge the myth of blood ties

By Corina Ahlers

**H**ow will Christmas be celebrated this year? With what part of the family? Where will we seat the separated mother and where the recent stepfather will sit at the wedding table? Who will take part in the ceremony and who will not? How do we organize vacation plans? Who is the school informing of the inappropriate behaviors of the common child? Or what happens if the daughter in the middle of puberty announces that she wants to live with her father, when the mother has been imploring her ex-husband for years to stop manipulating her?

These are some questions that frequently arise from reconstituted, recomposed, assembled families. Terms have become names for the reality of life for many, perhaps most people in our society. To understand, deepen, articulate and co-construct with your clients evocative ideas and words of help, relief and transformation. That way they will gain a greater appreciation of the dreams, sufferings, myths, and hopes of intercultural couples who come to therapy.

**Corina Ahlers**

As a Psychologist she is a doctor and teacher in Family Therapy, also certified in group dynamics. She has been president of the society ÖAS (Österreichische Arbeitsgemeinschaft für Systemische Therapie und Systemische Studien), manager of the systemic therapy curriculum and professor. Now, as a scientific delegate of the same society, she directs a project of transcription and interpretation of Family Therapy. He works as a family therapist at the Institute of Family and Couples Therapy in Vienna and in parallel opens his private practice in which he currently works. He has taught Family Therapy at the Faculty of Psychology of the Autonomous University of Vienna and the private Sigmund Freud University.

In 2005 he opened a center specialized in the care of Recumbent Families, where he works with these families until today. Since 2015 she has been engaged in a cultural dialogue project with Arab refugees and family therapy students. He has completed a second thesis, which has ended with the book "Effects of role plays in the equalization of systemic family therapy professionals" (2017). He has written much of his work in German and English.

## Intercultural couples

By **Juan Luis Linares, Teresa Moratalla, Ana Pérez**

**T**he geography of love has been revolutionized as a result of migration, globalization and electronic media. Intercultural couples and families have multiplied exponentially in contemporary life in many countries. The tradition that governed finding, choosing and forming a couple with basic social similarities no longer coincides with today's complex reality. The authors of this excellent and very timely book entitled *Intercultural Couples* are systemic couples and family therapists with great experience of theoretical conceptualization, clinical practice and training with valuable previous contributions to the therapeutic approach with couples. Wisely, they intertwine this knowledge and resources with new theoretical concepts, interventions and clinical illustrations that are fundamental and enriching for working with the growing demographics of intercultural couples.

Couples and family therapists who read this book will be better prepared to understand, deepen, articulate, and co-construct with their clients evocative ideas and words of help, relief, and transformation. That way they will gain a greater appreciation of the dreams, sufferings, myths, and hopes of intercultural couples who come to therapy.

### Juan Luis Linares

Psychiatrist and Psychologist, Director of the School of Family Therapy of the Hospital de Sant Pau in Barcelona. He has been founder and president of the Societat Catalana de Teràpia Familiar, the Spanish Federation of Family Therapy Associations and the European Family Therapy Association. He is currently honorary president of the European and Latin American Network of Systemic Schools (RELATES).



### Teresa Moratalla

Psychologist (UB) and Biologist (UB), specialist in Clinical Psychology and Master in Family Therapy (UAB). Accredited as a Teaching Supervisor and as a Psychotherapist. She is currently a member of the Board of Directors of the European Family Therapy Association, of the Governing Board, with the position of secretary, of the Official College of Psychologists of Catalonia (COPC) and also a member of the Psychotherapy section of the Official Council of Psychology (COP).



### Ana Pérez

Psychologist. It began with the private consultation of psychotherapy (individual, family of couples and groups) in 1982 and continues today. She is a Therapist, Collaborator and Teacher of the Family Therapy Unit of the Hospital de Sant Pau, from 1992 to the present, where she also works as an Adjunct Clinical Psychologist.



978-84-18381-45-4

April 2021

154 pages

17 x 24 cm

Softcover with flaps

#### Topics

Intercultural couples

Family Therapy

#### Collection

Iberoamerican Family Therapy

**PSYCHOLOGY. RELATIONSHIP**

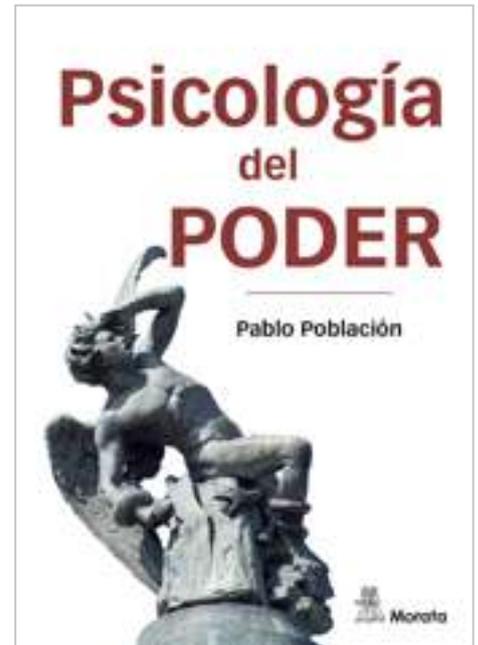
---

## Psychology of Power

By **Pablo Población**

**H**e is one of the pioneers of psychotherapy in Spain. Doctor of medicine, psychiatrist and psychodramatic director. Founder and director of the Institute of Group Techniques and Psychodrama (ITGP) (1970), it has been the first center where psychodrama training began in Spain. Author of numerous publications and books related to psychotherapy. He has been clinical head of the Chair of Psychiatry at the Complutense University of Madrid and the department of psychotherapy of the women's psychiatric hospital of Ciempozuelos.

Founding Member and Former President of the Spanish Association of Psychotherapy and Group Techniques (SEPTG) and the Spanish Association of Psychodrama (AEP); Founding Member of the Psychodrama Section of the International Association of Group Psychotherapy (IAGP); Member of the International Association of Group Psychotherapy (IAGP); Honorary member of the Spanish Association of Psychodrama (AEP) and the SEPTG. He is a supervising clinical teacher accredited by the Spanish Association of Psychodrama (A.E.P) and by the group psychotherapy section of the Spanish Federation of Psychotherapist Associations (FEAP).



978-84-18381-71-3

September 2021

190 pages

17 x 24 cm

Softcover with flaps

Topic

Psychodrama

### Pablo Población

He is one of the pioneers of psychotherapy in Spain. Doctor of medicine, psychiatrist and psychodramatic director. Founder and director of the Institute of Group Techniques and Psychodrama (ITGP) (1970), it has been the first center where psychodrama training began in Spain. Author of numerous publications and books related to psychotherapy. He has been clinical head of the Chair of Psychiatry at the Complutense University of Madrid and the department of psychotherapy of the women's psychiatric hospital of Ciempozuelos.

Founding Member and Former President of the Spanish Association of Psychotherapy and Group Techniques (SEPTG) and the Spanish Association of Psychodrama (AEP); Founding Member of the Psychodrama Section of the International Association of Group Psychotherapy (IAGP); Member of the International Association of Group Psychotherapy (IAGP); Honorary member of the Spanish Association of Psychodrama (AEP) and the SEPTG. He is a supervising clinical teacher accredited by the Spanish Association of Psychodrama (A.E.P) and by the group psychotherapy section of the Spanish Federation of Psychotherapist Associations (FEAP).



**PSYCHOLOGY. GENDER**

---

## The patriarchal symptom

### Essay on psychotherapy with women from a gender perspective

By **Erika Adáñez**

**W**hy are women more vulnerable to psychological disorders? Why are there disorders almost exclusive to women while others are more prevalent in men?

Erika Adáñez answers these questions and defends that what we call the patriarchal symptom is located at a crossroads between the psychological, the social and the existential. This confluence is the main and innovative contribution of this book that is the result of more than 15 years of clinical experience with women in a field of psychotherapy with a gender perspective.

We will understand the psychological discomfort of women within the social context, but the author goes further because she connects it with the existential condition: she shows us how gender mandates oppress women generating fear and anguish when they dare to think about their own freedom that they renounce, thus becoming accomplices of their own oppression.

Written in a clear and rigorous way, the text will be of interest to all the public located in the sphere of human and social sciences, from psychology, psychoanalysis and philosophy to social and gender studies, as well as to all the public interested in a problem that affects the entire population and specifically the women of today's society.



978-84-18381-98-0

April 2022

116 pages

17 x 24 cm

Softcover with flaps

Tema

Psychotherapy

Feminism

Social Psychology

### Erika Adáñez

Official Master's Degree in Psychoanalysis and Philosophy of Culture, Degree in Psychology in the specialized clinic from the Complutense University of Madrid and Degree in Social and Cultural Anthropology from the UNED.

She is an expert in women's psychology, author of *La mujer en el espejo del psicoanálisis* (Manuscritos, 2013) and a specialist in EuroPsy Psychotherapy, certified by the EFPA. In 2006 she formed Alter Consulta, a pioneering international interdisciplinary project that integrates psychology and philosophy, where she works as a psychotherapist.





**PSYCHOLOGY. FAMILY THERAPY**

---



978-84-18381-32-4

February 2021

214 pages

17 x 24 cm

Softcover with flaps

#### Topics

Family and Couple Therapy

Systemic Relational Therapy

PSICOLOGY SEAL

## The Therapist's Family of Origin in Session Moving Between Families

By M<sup>a</sup> Carmen Casas García

**T**he Family of Origin of the Therapist in Session is a book written by Carmen Casas and that collects the long experience of the author herself and her partner Beatriz Pérez-Manglano in the FOT workshops that they teach within the regulated training (FEATF criteria) of the systemic family therapist. He brings here all his theoretical-practical material and many new activities, so that psychotherapists can expand the range of knowledge of patients and their own, and thus better face the difficulties they encounter in their professional practice.

In addition to providing highly practical tools applicable in the field of supervision and in the delivery of FOT workshops. The structure of the book, coinciding with that of the different workshops (FOT 1, FOT 2 and FOT 3), supposes a progression from the beginning of the process of appropriation of one's own family history to the realization of the influence of this in session. Systemic Therapy, the Phase Model of Family Therapy (Kreuz), The Theory of Attachment (Bolwby), the trigenational, the narrative perspective, as well as the latest advances in neuropsychological therapy become tools with which the best technique or strategy will be selected at all times and for each case. . A recommended book for the psychotherapist who, through the approach to his own family of origin, will be freer to "move between families" with whom he works directly or indirectly, with the security and professional satisfaction to which he aspires. We invite you, therefore, to map the therapeutic ocean with this Comprehensive Guide to Supervision in Psychotherapy.

### M<sup>a</sup> Carmen Casas García

Doctor in Psychology, Clinical Psychologist, Family Teaching Supervisor, Family and Couple Therapist accredited by FEATF and FEAP and graduated in Psychopedagogy, she is a Professor at the Phase 2 Phase Phasic Family Therapy Center, professor at the Faculty of Psychology of the Catholic University of Valencia and collaborating professor in masters of other universities (UJI, VIU, UEV, etc.).

She has published numerous articles and books on adolescence, adoption, attachment, family therapy, Phasic Model, and teaches workshops since 2011 on the Therapist's Family of Origin.



## Third-order family therapy

### From indignant love to solidarity dialogue

By Raúl Medina Centeno

**T**he anthropologist Gregory Bateson was the one who inspired the model of the third order, so his work continues to be an inexhaustible source, nourishing mother of family therapy. The focus of third-order family therapy is to raise awareness of the systems of systems – structural, socioeconomic and cultural contexts – that organize lifestyles that interfere with health.

In a masterful way, this new publication by Raúl Medina integrates systemic wisdom with social theories, and in particular delves into a sociocultural theory of the human mind, power, emotions and the family, a set of concepts from which indignant love, solidarity dialogue, critical honesty and the family of choice emerge, as the axes from which the warp – the weft – of this clinical proposal is woven.

Third-order family psychotherapy begins the clinical exploration with the following questions: what led this family to break the dialogue?, why have they not been able to restore it?, who are the most significant actors in the plot of the symptom?, Why does this family live intolerable conditions of existence and may appear as acceptable and even natural? It is based on the belief that personal symptoms or discomfort is a response to the loss of family solidarity dialogue. Therefore, patterns of abuse and exclusion are generated that impact on the psyche and body of people. Given this, the clinical purpose is to find the mitigating factors that led to family and community disagreement and to understand the symbolic justifications of their discomfort; and that is where the structural contents of the malaise become visible: poverty, injustice, marginalization, exclusion and cultural mythologies.

To this end, we appeal to the indignant love and critical honesty of the consultants to raise awareness and put into perspective the role they play in the construction of discomfort and well-being. Only after such third-order awareness is it possible to generate therapeutic resistance.

A great contribution of this work is to expand the family beyond kinship relationships, to regroup, accompany and take care of each other. It is in the family of choice where the socio-emotional resources are found and generated, with greater power, to face the structure.

The ultimate clinical goal is for the family to restore critical solidarity dialogue and empower themselves in their well-being: the therapist is a collaborator who will support them to meet again and reorganize, so that together they resolve contextual vicissitudes. Only between them a hug, recognition and accompaniment will have therapeutic effects.

In this book you will find a rich source of psychotherapeutic resources for clinical, community, social, educational and organizational psychologists.



978-84-18381-76-8

February 2022

17 x 24 cm

Softcover with flaps

Topics

Family Therapy

Collection

Iberoamerican Family Therapy



**Raúl Medina Centeno** PhD in Social Psychology from the Complutense University of Madrid, Master in Family Therapy from the Autonomous University of Barcelona, Post-doctoral Stay at the University of Cambridge, England. He is currently Professor-researcher at the University of Guadalajara, founder and president of the Tzapopan Institute, Mexico, member of RELATES. Its central themes are family, the couple, organizations and the theory of science. His main contribution has been Critical Family Therapy, Clinical Social Psychology and Collaborative Consulting. He is a consultant to universities, organizations and ministries of health and social welfare in Latin America.

**PSYCHOLOGY. TEENS-ADOLESCENTS**

---

## Adolescents in the XXI century

### Between impotence, resilience and power

By **Robert Pereira Tercero (Comp.)**

**T**his book presents the works of 43 prestigious Spanish, European and North American authors, specialists in adolescence, compiled by Roberto Pereira. Structured in 7 parts and 30 chapters, it presents a very extensive review and updating of Adolescence in the XXI century from the point of view of various psychotherapeutic orientations, especially from Systemic Family Therapy. The topics reviewed include the main complications that arise in this period of the life cycle, especially in relationships with their parents, but also with their peers, the particularities of emigration in adolescents, adoption, use and abuse of digital networks, violence, various behavioral disorders, etc. to end with concrete proposals and practices of therapeutic and educational interventions. All this offers us a real vision of today's adolescents, their problems, and possible solutions.

In addition to the extensive theoretical elaboration, generally based on research carried out by its authors, a good part of the chapters are based on clinical cases and transcripts of sessions, to exemplify their proposals. Adolescents in the twentieth century is aimed at all those professionals of Psychotherapy, Psychology, Medicine (especially Psychiatrists and Pediatricians), Pedagogy, Education, Social Work, Nursing, Social Educators and all people interested in understanding Adolescents in today's world. It can also be an interesting text for students or professionals who are training in systemic intervention and family therapy. It is an extensive book that will accompany you in the reflection on what happens in that important part of the development of all people, will give you a few clues to understand it better, and many practical proposals to improve your professional intervention.



978-84-7112-655-9

September 2011

600 pages

17 x 24 cm

Softcover

Topics

Teens-adolescents

### Roberto Pereira

Psychiatrist, Director of the Navarra Basque School of Family Therapy (EVNTF), Director of Euskarri, Intervention Center in Filio-Parental Violence, Family and Couple Psychotherapist and Teaching Supervisor accredited by the Spanish Federation of Family Therapy Associations (FEATF) and by the Spanish Federation of Associations of Psychotherapists (FEAP), President of the Spanish and Latin American Network of Systemic Schools (RELATES). President of the Spanish Society for the Study of Filio-Parental Violence (SEVIFIP). Former President of featf, honorary member of FEATF, the Catalan Society of Family Therapy and the AVNTF, Founding member, Honorary Member, Ex-Secretary and President for 10 years of the Basque Association navarra of Family Therapy (AVNTF), Director of the Ibero-American Family Therapy collection of the Morata ed.



**PSYCHOLOGY. ABUSES**

---



**PSYCHOLOGY. +50 YEARS OLD**

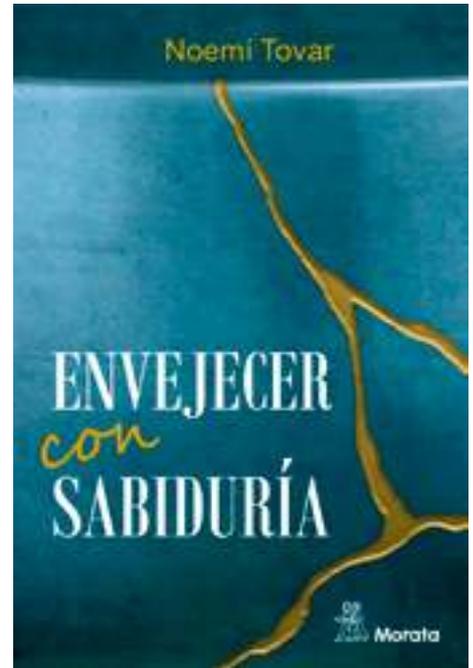
---

## Growing old wisely

By **Noemí Tovar**

**W**isdom is brewing over "simmer", very slowly. That is why in youth you are not wise. You can be smart, alive, and intelligent. Mistakes, experience, resilience that favor maturity and of course old age, converge in wisdom.

This book is close, simple, useful and offers in a thoughtful way to people who are in their fifties and sexagenarians an optimistic, sensible and critical view of the aging process. No one teaches us how to grow old. This is the proposal of this book.



978-84-19287-01-4

May 2022

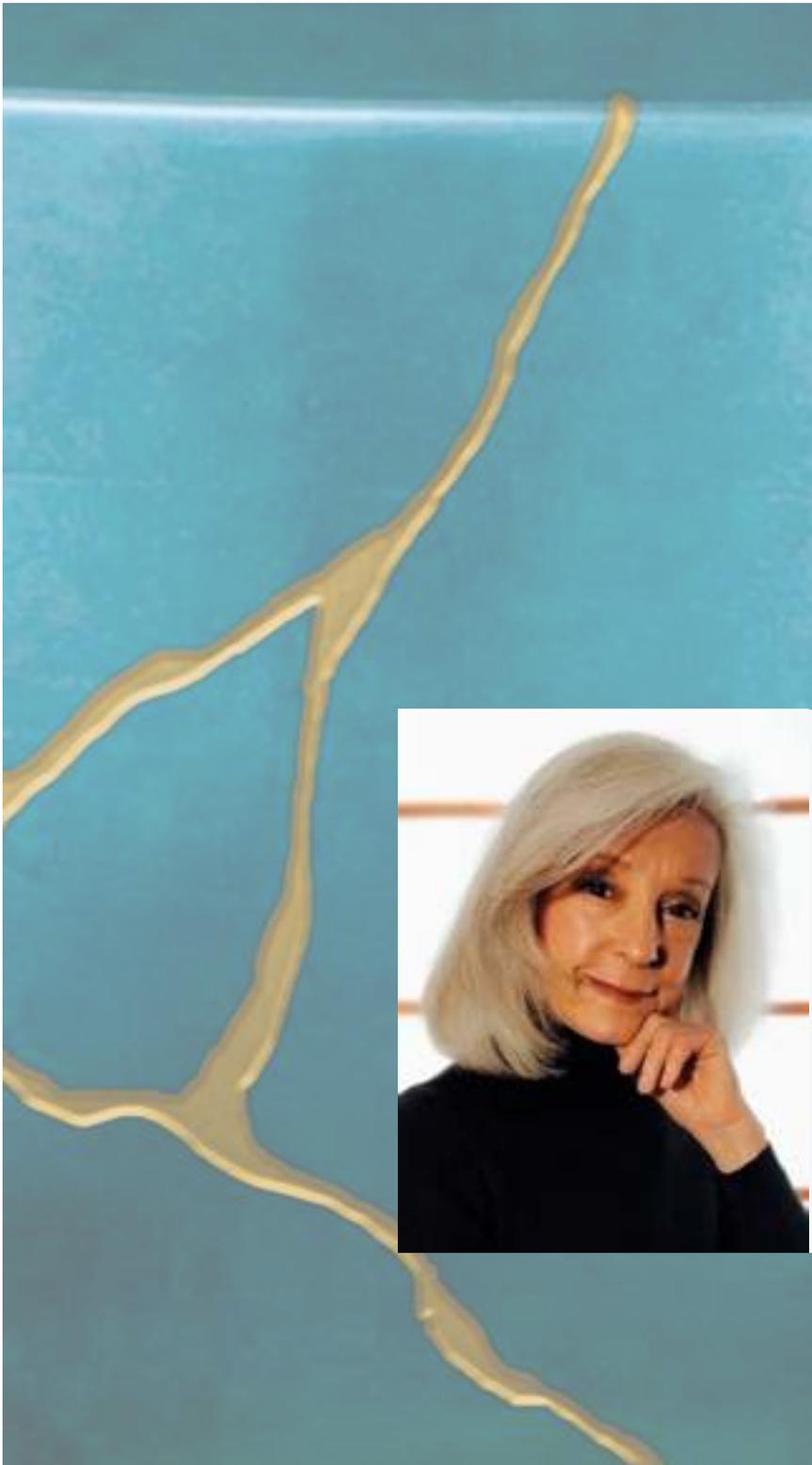
264 pages

15 x 22 cm

Softcover with flaps

### Topics

Old age Psychology



### NOEMÍ TOVAR

Psychologist, expert in psychological approach EMDR (Eye Movement Desensitization and Reprocessing) and in the application of the psychotherapeutic technique Autogenous Training.

She teaches Emotional Intelligence workshops and directs a private Psychology Cabinet.

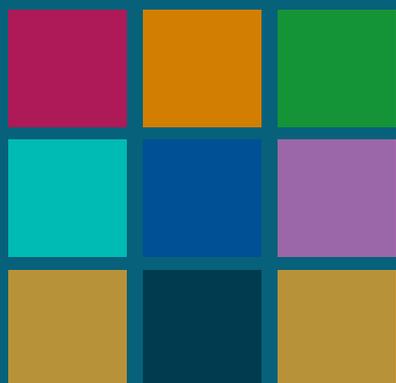
Author of the book *La mirada de Silvia Jie*. The challenge of being an adoptive mother. Editorial Mandala.

All the news of Morata Editions  
and much more are on our website

<https://edmorata.es/>

And to keep up to date with news  
and upcoming events

*Follow us on our social networks!*



**Morata**

C/ Comunidad de Andalucía, 59  
Bloque 3, 3º C  
28231 Las Rozas - Madrid - España  
[www.edmorata.es](http://www.edmorata.es)  
[morata@edmorata.es](mailto:morata@edmorata.es)